



No24

2006 APRIL  
CNY SGNA Newsletter

Central New York Society of  
Gastroenterology Nurses and  
Associates.

CELEBRATING 25 YEARS

**President's Message:**

Hello CNYSGNA Members:  
I hope everyone had a great holiday season. Now is the time to look toward spring and a new year as your president. I hope that CNY can become more involved in the organizations, such as CCF and do more representing of our region for them, walks, information booths at conferences, etc. GI is an ever expanding field in nursing, new techniques, equipment, medications and procedures. As a member of this professional organization, we can be introduced to these new entities first hand. I look forward to representing CNYSGNA in the HOD at the national convention in San Antonio. A copy of the 2006 resolutions are enclosed in this news letter. Please take a few moments to read them over and make your voice heard by voting on the resolutions at the business meeting in April. If you are not

able to attend, please feel free to E-Mail me with your comments and concerns. I hope to have a very successful and productive year.

MaryAnne Malone RN, CGRN  
President  
\*\*\*\*\*

**SPRING EDUCATIONAL MEETING**

**APRIL 7-8, 2005**  
**Turning Stone Casino**

**Chris Furlong**  
[www.cfurlong@twcny.rr.com](mailto:www.cfurlong@twcny.rr.com)  
**315-624-6932**  
**FAX 315-624-4946**  
\*\*\*\*\*

**Nurses Cookbook.** Deadline for sending recipe's is **September 1, 2006** to MaryAnne Malone.

[www.maryannecgrn@msn.com](mailto:www.maryannecgrn@msn.com)  
Or her address is on the last page. Please send in one of your favorite recipe's. It only takes a couple minutes to e-mail a recipe. We need some meat and casserole recipes to fill the book  
\*\*\*\*\*

**DATES:**

**April 7-8, 2006** Spring Education Meeting, Utica, NY Chris Furlong  
[www.cfurlong@twcny.rr.com](mailto:www.cfurlong@twcny.rr.com) 315-624-6932

**May 16, 2006** Dinner Meeting. Advances of hemostasis. Contact: Terry Markiewicz (Romano's Restaurant, Clifton Park.)  
[www.feedkramer@aol.com](mailto:www.feedkramer@aol.com) or 518-243-4258 (**Note date change**)

**May 19-24, 2006** National SGNA Meeting, San Antonio, TX

**Oct. 13-15, 2006** Multi-regional Meeting. Crown Plaza Hotel, Albany, NY.

MaryAnne Malone 518-237-2262

**Oct. 15, 2006 Certification exam.** Albany Crown Plaza Hotel, Albany NY. Application deadline is August 11, 2006. Late application date is August 25, 2006.

\*\*\*\*\*

**The Oncall Nightmare**

This topic captured the audience at the SGNA's 32<sup>nd</sup> annual course. Laura Stromeyer, RN, CGRN had some valuable advice that I would like to share.

Training the Endoscopy Nurse on call should be a gradual learning experience verses a 3-month orientation. Do not allow until they are competent. Do not accept poor performance. Any GI procedure has the potential to be or turn into a life or death situation.

- Know your equipment and where it is located. It is your job not the physician's to know how the equipment is assembled and how it functions. Use your Sales representatives to inservice your staff.
- Assess your patient. Why are they having the procedure done? What are the signs and symptoms? How much and how often? The Good GI Assistant anticipates needs and informs the physician of the equipment available. Have practice scenarios for the decision making.
- Set priorities.
- Call for help or advice if necessary.
- Do an evaluation after each emergency. Were all the

equipment and supplies available?

(Practice mock set-ups)

- What can be done to make it easier?
- Supplies should be organized on a cart or in a bleeder bin. No more than 2 of each item stored vertically or file storage. **Label! Label!**
- Assign staff to check daily or weekly. Bin should be restocked after each case. A checklist is helpful. (See example, separate sheet)

Medication must be secured at all times in a locked drawer on the cart. Check routinely for "outdates".

Last but not least:

**ON CALL ENDO NURSE'S PRAYER**

**Now I lay me down to sleep,  
I pray my pager not to beep.  
If I get called before I wake,  
I pray my cart is set to take.**

**Sue Gursky, RN, CGRN** from Arnot Ogden Medical Center. Elmira, NY

\*\*\*\*\*

\*

**MEMBERSHIP: 85**

\*\*\*\*\*

\*

**Editor's Note:**

I hope to see all of you at the Spring Meeting at Turning Stone Casino. Chris Furlong and her committee have done a great job of offering some super topics for our educational needs. Thank you in advance Chris. I hear that the

numbers will be better than our October meeting.

Please review the House of Delegates Resolutions. (Attached) This is your opportunity to have a say in SGNA government.

Check out our website once in awhile. Our webmaster Erin Cunia has done a great job. It looks very professional. Erin has added three articles that I referenced in a dinner meeting at Binghamton in January. In case anyone wants to read them. Topics are stents and ERCP.

Erin has also placed the brochure for our Spring meeting, in case you needed another copy. So look for the Fall Multi-regional brochure online in the coming months.

Also, if there is something that you want to see online, let us know. We are here for you.

[www.Cnysgna.org](http://www.Cnysgna.org)

I attended both dinner meeting offered this winter. I have to admit that I am amazed at the turn out at both. Over 60 people at each dinner. I know that we have a regional that loves education and networking.

We have a couple members who have been undergoing some medical problems. Perhaps you could take the time to send a get well and thinking of you message.

Sandy Schupp  
PO Box 906  
Bolton Landing, NY 12814

Deb Chrissley  
4813 Reval Court  
Liverpool, NY 13088

And from Vermont regional Ellen Antognioni, whose husband is waiting for a heart transplant.  
121 Blackberry Lane  
Bennington, VT 05201

Don't forget we still have some Central NY 25<sup>th</sup> Gala wine glasses for \$3.00, available at the Spring conference.

I am looking for a few good members to run for office. Please consider it. I would like to offer atleast two names in each spot. We are looking for President-elect, Treasurer, Membership and Bylaws. Or let us know if you would like to be on a committee. We need to get a larger pool of candidates. Thanks.

Hope that you all enjoyed GI Nurses Day. Cathy Bolton and I celebrated by representing CBGNA at the AORN convention in Washington, DC. Many of the managers there told us they had pizza or flowers being delivered to their GI Departments while they were attending the conference. Over 600 vendors attended. The big topics that they asked us about were Propofol, tech modules for a certificate of completion, and certification information. Time out and Patient First were the hot topics. And they offered over 20 booklets of education on the vendor floors.

We are looking for some interested members to assist in the Multi-regional in October. Please consider putting your name in. You earn points toward winning a scholarship. It is fun, educational and a great growth experience.

Consider taking the certification exam this Fall. It will be offered at our Fall Conference, so it is easy to get to and you have plenty of time to study for it.

Barbara Schwant, RN

\*\*\*\*\*  
\*

"Newsletters represent the authors' opinions based upon the current understanding and usual practices in this field. Except as stated, it does not represent SGNA guidelines or procedures. Practitioners must adapt the information to their individual situations. SGNA accepts no responsibility for specific applications of this information."

Marc Yankowski of Boston Scientific has agreed to sponsor our newsletter. Thank you Marc  
If you need to contact Marc Boston Scientific:  
1-800-471-3226 x3132

**CNY SGNA:  
YOUR 2006 BOARD:**

**President:** MaryAnne Malone, RN, CGRN 518-271-3616(w) 518-237-2262(h)  
18 Viewpointe Dr. Troy, NY 12182 [maryannegrn@MSN.com](mailto:maryannegrn@MSN.com)

**Past-President:** Barbara Schwant, RN, BSN, CGRN. 518-887-2850(h), 518-347-5451 (w) FAX 518-347-5705  
309 Muselbeck Rd. Pattersonville, NY 12137  
[schwant@juno.com](mailto:schwant@juno.com)

**President-elect:** Mary Ellen Barrett, RN, CGRN. 116 Kenwood Ave. Syracuse, NY

13208 315-470-7921 (w) 315-652-9702 (h).

[RYALNI@twcny.rr.com](mailto:RYALNI@twcny.rr.com)

**Secretary:** Gayle E. Millis, RN, CGRN 3257 Center Road Moravia, NY 13118 (315)364-7861(h), (315)255-7130 or (315)255-7213(w)  
[DougandGayleMillis@excite.com](mailto:DougandGayleMillis@excite.com)

**Treasurer:** Cathleen H. Bolton, RN, CGRN 518-585-7102 (h), 518-926-6220(w) FAX 518-926-6234 voice: 518-926-6226  
90 Tiroga Beach Lane, Ticonderoga, NY 12883-2307  
[chbolton@hotmail.com](mailto:chbolton@hotmail.com)

Board members at Large:

**Education Chair:** Terry Markiewicz, MSN, RN, CGRN 104 St. Stephens La. W., Scotia, NY 12302 518-243-4258 (w) 518-399-0703 [feedkramer@aol.com](mailto:feedkramer@aol.com)

**Membership Chair:** Maddi Gates, RN, CGRN  
1019 Irving Ave, Endicott, NY 13760 607-762-2592 (w) 607-786-9255 (h)  
[pettittecone@hotmail.com](mailto:pettittecone@hotmail.com).

**Bylaws Chair** Carolyn McKay, BA, RN, CGRN 1012 County Route 12 Pennellville, NY 13132 315-448-5200(w)315-668-3559 (h)  
[Gorm@localnet.com](mailto:Gorm@localnet.com)

**Finance/Budget :** Janet Moran, RN. 518- 399-7341(h) 518-243-4258 (w). FAX 518-243-1325 56 Vines Rd.  
Ballston Lake, NY 12019  
[Pmoran1@nycap.rr.com](mailto:Pmoran1@nycap.rr.com)

**Scholarship:** Eileen Fox, RN, CGRN 27 Hillcrest Ave. Albany, NY 12203 518-438-3029 (h)  
[FOX719@aol.com](mailto:FOX719@aol.com)

**Past President of Certifying Board of Gastroenterology Nursing & Associates** Cathy Bolton, RN, CGRN 518-585-7102 (h), 518-926-6220(w) FAX 518-926-6234 voice: 518-926-6226  
90 Tiroga Beach Lane, Ticonderoga, NY 12883-2307  
[chbolton@hotmail.com](mailto:chbolton@hotmail.com)

**Editor/NOLF rep/Director on CBGNA Board:** Barbara Schwant, RN, BSN, CGRN 518-887-2850 (h), 518-347-5300(w) FAX 518-347-5705 (w)  
309 Muselbeck Rd. Pattersonville, NY 12137  
[schwant@juno.com](mailto:schwant@juno.com)

**National Society of Gastroenterology Nurses and Associates:** 800-245-7462

[www.sgna.org](http://www.sgna.org)  
e-mail: [SGNA@sba.com](mailto:SGNA@sba.com)  
Local education members:

**Binghamton:** MaryFran Cumiskey, RN, CGRN 201 Frey Ave. Endicott, NY 13760 607-762-2276 (w), 607-748-7156(h)  
[www.mommer201@aol.com](mailto:www.mommer201@aol.com)

**Capital District:** Terry Markiewicz, MS, RN, CGRN. 104 St. Stephens La. W., Scotia, NY 12302 518-243-4258 (w) 518-399-0703 [feedkramer@aol.com](mailto:feedkramer@aol.com)

**Syracuse:** Coleen Feocco, BA, RN, CGRN 315-475-2802 (h)315-470-7921(w)  
2210 South Geddes St. Syracuse, NY 13207 [rfeocco@twcny.rr.com](mailto:rfeocco@twcny.rr.com)

2006 House of Delegates Resolutions

Resolved that:

1. SGNA recommends that two nurses are to attend to the patient during radio frequency ablation procedures.
2. SGNA develop methods to explore an evidence based study establishing guidelines for staffing ratios in the endoscopy recovery setting.
3. SGNA be an active investigator in providing standardized protocol in post procedure care of liver biopsy patient.
4. SGNA define the classification level of recognized anesthesia scoring systems that nurses may safely administer moderately sedating drugs.
5. A second level or advanced associates program will be written and implemented by 2008.
6. SGNA support a research initiative to study the effect of call on safe, effective and competent nursing care. Also develop guidelines to establish minimum number of hours to work in a 24 hour period.
7. SGNA offers an optional course at nationals in May called, "Leadership at the Local Level". This would include a condensed version of the Chicago Leadership Course, which summarizes expectations, responsibilities and resources available to local leaders.
8. SGNA will support the presence of a responsible caregiver to accompany patient

upon discharge and to remain with them until safety is assured.

9. SGNA Research Committee conducts research and develops guidelines on usage of section tubing and canisters.
10. SGNA will explore the development of standards and guidelines in regards to patient safety in the use of electrocautery use in the GI setting.

Headquarters will run surveys to SGNA members to determine who is doing both GI and bronchoscopy procedures.

# ENDOSCOPY GI BLEEDER CHECKLIST

## Top of cart

- Scope Tote
- Clo-test, formalin, fixative
- Bite Block, KY, gauze, Wash set-up, Mylicon, oral screw, tongue blade
- Linens, alcohol, emesis basin-tub, oral suction, suction tubing
- PPE- shoe covers, drape for cart

## Equipment

- Scopes: Double-channel/therapeutic, Regular gastroscope, flushing port  
Colonoscopes, scope tote bag
- Valves, printer, paper/film
- Heater probe, Bicap, APC, Bovie, ERBE
- Needed probes, cords, foot pedals, etc. for above

## Accessories

- Injection needles (all sizes and lengths)
- Banding kit
- Endo Loop (Olympus) assembled
- Endo Clip (Olympus)
- Resolution Clip (Boston Scientific)
- Tri-Clip (Wilson Cook)
- Forceps (Hot and cold)
- Snare
- Cytology brush
- Dilatation balloons and inflation device
- Cleaning brush
- Overtube

## Medications

- Sedation
- Reversal Agents
- Epinephrine
- Atropine
- Sclerosing agents
- India Ink
- Saline
- Cetacaine, Lidocaine, Hurricane

## Misc.

- Oxygen tubing
- Monitors
- Restraints
- Salem Sump
- Catheter tip syringe
- Blakemore Tube, Football Helmet
- Lavage kit