



No. 34

SEPT 2009
CNY SGNA Newsletter

Central New York Society of
Gastroenterology Nurses and
Associates.
Region 37.

President's Message:

It's that time of year again...Fall is fast approaching, nights are getting colder and days are shorter and cooler. Our summer in Syracuse was pretty rainy so at least that has subsided, must be the change in seasons. Hope everyone had a good and enjoyable summer. Once again, the National conference, held in St. Louis, Missouri this year, was well worth attending. The networking opportunities are invaluable. I have been a member for many years and I still come back with something new learned from a speaker or topic or the huge vendor show. I always return to my department with enthusiasm renewed for my chosen professional specialty. We can all use that boost in the arm. Once again, I encourage everyone to try and attend a National Conference at least once in their GI career. Some funding is available through CNYSGNA by being involved in the organization and applying for a

scholarship. The scholarship information is online at our website. Try to attend our next GI Teaching day on Sat. Oct. 23rd and Oct. 24th in New Hartford. Information is on our website and registration will be out soon.

Voting for officers will this year be online as we did last year. All the instructions you need will be there to make it easy for you to participate. Have an enjoyable fall. See you in New Hartford.
Mary Ellen Barrett
President, CNYSGNA

Fall EDUCATIONAL MEETING

A Bountiful Education

OCTOBER 23-24, 2009
New Hartford, NY

CONTACT PERSON:

Beth Ruggiero
315-735-9920
Babette Clapper
315.225.5618 cell

Membership: 147

Editor's Note:

Please check entire newsletter for information.

1. Voting information is enclosed. Go online, www.cnysgna.org to vote. Please vote. There are no colored sheets to alert you. Remember, this is one of the items they look at if you apply for regional of the Year.

2. There is a great Fall Education meeting Oct. 23-24. Hotel info, price and speakers and activities are listed. Friday night has 3 contact hours. Please pass this on to colleagues until the brochure

comes out. NOTE: Must bring nursing license number for contact hours. New requirement for the vendor programs. **Total contact hours: 11. WOW.**

3. The website has been down for some time. It is up and working as of Sept. 18. We hope you can get all your information there. www.cnysgna.org

4. It time to **renew your membership.** www.sgna.org

You get a magazine, newsletters, eScope, discounts on items, and conferences. Information on the Certifying Board. Discussion forum online. Great networking.

5. SGNA has a new login to get into member areas online. Contact them if you have not received it yet. www.sgna.org

6. Vote for your National representation. Starts in November.

7. Please consider getting Certified.

Certification :

- validates your qualifications and your advanced competence.
- demonstrates your professional aspirations and your desire to improve the quality of patient care and delivery of services.
- rewards your continuing efforts to improve your knowledge and skills in your profession.
- reflects your commitment in time, effort and expense to gastroenterology nursing.

- assures professional recognition from your peers and colleagues.
- makes yourself proud, to be able to say "I did it".

8. Don't forget to apply for regional and national scholarships. CNY's due date is: January 31,2010.

4. Special farewell to MaryAnne Malone. She has gone to warmer pastures. See note inside. MaryAnne, thank you for your years of service to CNY.

Barbara Schwant, BSN, RN, CGRN

 Check out Central NY's website:
www.cnysgna.org

Voting slate for 2009/2010

You have a great slate of candidates:

President-elect:
 Terry Markiewicz,
 MSN,RN,CGRN

Secretary:
 Julie Cota, AAS, RN, CGRN
 Gayle Millis, AAS, RN, EGRN

Education Chair
 Janet Scope,BSN, RN, CGRN

Finance/ Budget Chair
 Winnie Akangbou, BS,RN, CGRN
 Janet Moran, RN,

Candidates biographical information: Presedent-elect is for one year, to follow as President. All other positions are a two year commitment. Each position is

explained in By-laws on the website, www.cnysgna.org Names in biographical info are done per slate, alphabetical.

Terry Markiewicz:

I graduated from Albany Medical Center School of Nursing in 1977 with a diploma. Some years after I received a BS in Health Administration from Empire State College, then went on to Sage Graduate School in Troy, NY, for a Masters in Nursing, focusing on education. I worked at Albany Med the first 2 years after I graduated from there, and have been at Ellis Hospital in Schenectady since leaving there. At Ellis I have held a variety of positions, including ICU staff nurse, Critical Care Educator, Purchasing Manager, and most recently, staff nurse in GI. I joined SGNA in 2003 shortly after I started working in GI and became actively involved with Central New York. I am finishing up my second term as Education Chair, and have been on planning committees for many of the educational programs in the area, including an ERCP teaching day, Central New York's 25th anniversary teaching day, the Multi-Regional in Albany, and most recently, Spring into GI Nursing, held at the Gideon Putnam in Saratoga Springs this year. I am happily married with one daughter and a neurotic dog, and live in Glenville, NY.

Julie Cota:

Julie received her degree in Nursing at Corning Community College in 1981 and has been a Registered Nurse for 28 years,

endoscopy nurse for 19.5 years. Julie certified in gastroenterology nursing in May of 1992 and has been a member of SGNA for 17 years. Julie is hoping to be more involved with our regional by putting her hat in the ring for nominee as Secretary.

Gayle Millis:

I have just completed my 20th year as an Endoscopy Nurse at Auburn Memorial Hospital. The first gastroenterologist I worked with told me about a meeting of GI nurses that was taking place in Syracuse so I went (That was in 1989), joined, became certified in 1992, and have been hooked ever since. I served as CNYSGNA President in 2000 and have been Secretary for three terms. I also enjoyed being a member of the Bylaws committee with Mary George as Chair. I am really a Gypsy at heart, loving to travel at every opportunity, sightseeing, and visiting family and friends.

Janet Scope:

Janet has been a nurse working in endoscopy for the past 12 years. Janet has been certified and a member of SGNA for the past nine years. Janet has five years past experience as a unit director before moving to Arnot Health, where she is currently working as an Advanced Clinical Nurse. Janet is interested in becoming more involved at the regional level and is running for the Education Chair.

Winnie Akangbou

Winnie received her Diploma from Jamaica School of Nursing She went on to get her Diploma of Midwifery from Univ. of Manchester, UK. And she

received her Bachelor of Science degree for Microbiology from Univ. of Benin, Nigeria.

Winnie has been a community nurse, med-surg staff nurse, supervisor/manager. Currently, she has been a staff nurse at Ellis Hospital in Schenectady for 10 years in the Endoscopy Dept. She has been certified for 5 years. Winnie has been involved in staff education for scope cleaning. She has attended most of the CNY meetings and looks forward to getting more involved with CNY.

Janet Moran:

I am the current Finance/Budget Chair with 20+ years experience in Gastroenterology and have served on many planning committees for Regional Conferences. For 13 yrs I have been an active member of CNYSGNA. Five RN's in our Gastroenterology unit have joined CNYSGNA at my encouragement.

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DATES:

Fall Educational Meeting

October 23-24, 2009 A Bountiful Education, New Hartford, NY

2010 SGNA Annual Course

Expanding our Horizon's

April 30 - May 5, 2010 Orlando, FL

Rosen Shingle Creek Hotel

Fall Meeting:

Friday

*** Free Tours of Meyda Tiffany in Yorkville at 10am and 2pm- directions to store will be at front

desk; 3 miles from conference center.

*** Turningstone Resort and Casino is an easy drive of 13 miles from the Ramada Inn for fine dining and entertainment.

4pm Registration
6pm Proctor & Gamble sponsor Lance Walley with "Enhancing the Endoscopic Experience"
6:30pm Conmed sponsors Dr Corasantini lecture "Hemostasis"
7:30PM Dr Qualia speaks on Celiac Disease
8:30PM ERBE "Argon Safety"
9pm Music & Comedy show by Dennis Huyck,RN

Pub will be open throughout the evening- cash bar

Saturday

7:15am Registration and Breakfast
8am Scope Reprocessing and Repair sponsored by Olympus
9am Colitis presented by Dr Brett Gandhi
10:15 Endoscopic Emergencies presented by Dr Ojuro
11:15 HALO Therapy TBD
1:15 GI Pathology and specimen processing
2:15 Vitamin D deficiency presented by Steve Mariani
3pm Statistics on gastrointestinal cancers presented by the American Cancer Society
3:30 Post- Bariatric Surgery Nutrition presented by Evelyn Mariani

Sunday

There are train rides from Utica to Thendara for shopping and touristy things to do. Schedule will be available at front desk. (and on the pamphlet when it becomes available)

Cost

\$125 members of SGNA - Please provide membership number
\$145 NON- members of SGNA

***deadline for registration thursday 10/15/09 ***

NOTE---Please bring your NYS license number with you, to this and any other educational activity. These are new regulations for some sponsors to provide contact hours***

PLEASE---IF there are ANY SPECIAL DIETARY REQUIREMENTS LET US KNOW AHEAD OF TIME-- This means, but limited to, diabetics, celiacs, lactose intolerance.....

Contacts for any questions or concerns:

PLEASE SEND REGISTRATION TO:

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Alternate contact:

Co-Chair
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315.225.5618 cell .

From MaryAnne Malone:

To All My Friends and Co-Members of CNYSGNA:

It has been an honor and a privilege to have served as your president and represent CNYSGNA at the House of Delegates. That is why it is with such sadness that I must write this

message. As of August 28, 2009, I will be leaving the capital region and CNYSGNA. I have accepted a position at the Spartanburg Regional Medical Center in South Carolina.

CNYSGNA has been a part of my life since 1987. Over the years I have met so many great people in this region. I will always remember all the good times we have had as a professional organization. The heated discussions, till the wee hours of the morning, at the board meetings, to the fun and craziness at regional nights, to the educational weekend conferences. I will be working again in an endoscopy unit, so I am hoping to attend the national conference in Orlando, and hope to see all who plan on attending.

Every one of us has something to offer to the development and continued advancement of GI nursing. Remember to volunteer your time and talents to this great professional organization. I have enjoyed working with and learning from each and every one of you. I will miss all of you, so please keep in touch and stay well.

Your Friend Always,
MaryAnne Malone RN,CGRN
maryannecgrn@msn.com

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"Newsletters represent the authors' opinions based upon the current understanding and usual practices in this field. Except as stated, it does not represent SGNA guidelines or procedures. Practitioners must adapt the information to their individual situations. SGNA accepts no responsibility for specific applications of this information."

CNY SGNA:

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Chris Montagano of Boston Scientific has agreed to sponsor our newsletter. Thank you Chris.

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