



No. 35

**MARCH 2010
CNY SGNA Newsletter**

**Central New York Society of
Gastroenterology Nurses and
Associates.
Region 37.**

President's Message:

Let us look back at 2009 and reflect to see what we accomplished and what needs to be reevaluated for 2010.

We should always look to the future. SGNA's current President's Campaign is titled "Horizons." I urge all of you, if you have not yet had the opportunity to read Theresa Vos' vision for the future, to do so. Theresa has been a huge inspiration during my career in GI. I could not be happier to be president of CNYSGNA in 2010.

We, CNYSGNA, as a regional society, are to mirror image her vision. I invite you all, to joint us in Watkins Glen on March 20 and at the national SGNA conference in Orlando April 30, for educational opportunities to help fulfill *your* vision for the future.

During this time of financial unrest, we need to look at our resources. CNYSGNA has scholarships to be given away for such events for its members.

We invite members to stay for the business meeting following each CNYSGNA Regional conference., At the conclusion of the meeting, attendee's names are drawn for free tuition for one CNYSGNA regional conference in the following year. Also, we have a \$1000 scholarship for CNYSGNA members, to go to the national conference. Application dead line is January 31, 2010. More details are on our website.

We need to see the future, be prepared for the future, and *we* are responsible to be ready. Joining SGNA is one way to fulfill this. The rewards are astounding, on so many levels. I look forward to meeting all of you at the regional conferences in the up coming year.

Babette Clapper, President

Membership: 132

Editor's Note:

Did you know:

1. Spring regional meeting is March 19-20th at Watkins Glen. Registration is open. Go to cnysgna.org and register or download a brochure. Contact Lori Kraus: 607-274-4192. Lori and her team have worked on a great conference. Come learn, network. There is one change in speakers. Dr. Carolyn Jones from Rochester will be speaking on Esophageal Cancer. Dr. Jones is a cardiothoracic surgeon. The program looks great.
2. Is anyone going to National this year? Contact Babs Clapper or send a note to anyone on the Board. It is nice to know everyone from the Regional that is going to Orlando. It would be nice to have a Regional gathering. Or we can try to get a couple tables together at the Gala.

3. March 19th is Nursing Certification Day. Congratulations to all who have taken the extra steps to broaden their horizons. I thank you and your patients thank you. To those who have not certified yet, please consider it. It will give you satisfaction, usually monetary gain, and pride that "you did it".
4. Note that the certification exam is now only offered online except for paper and pencil at the National. (May 1st, this year.) Each year, the exam will be the month before the National exam and month of October. Consider forming a study group. www.abcgn.org for information.
5. Don't forget GI Nurses Day is March 24th. This is a good time to include Colo-rectal screening with the community. Please share your activities with CNY.
6. I know that CNY could win Regional of the Year if we applied ourselves. Think about it. It would need to be a team effort.
7. I would like to thank MaryEllen Barrett for her years of service to CNY. Particularly for serving 2 years as President.
8. Support your President.
9. Make sure that you or your staff is not taking short cuts in the cleaning process. We are the patients advocate.
10. Hope to see you at Watkins Glen. Happy GI Nurses Day.

Barbara Schwant, RN, BSN,
CGRN

President-elect Note:

IF YOU VOTED...

...in Central New York SGNA's fall 2009 election, you have a surprise coming your way!

We want to encourage member participation in all levels of CNYSGNA activities, including voting for your board. So, to encourage this, the board voted to give ALL CNYSGNA members who voted in the most recent elections a certificate for one FREE (love the price!) educational program! These can be used at any CNYSGNA program of your choice, including the spring and fall meetings, from now through June 30, 2011. They are only good for the person whose name is on it – you can't give it to anyone else.

Congratulations to all who voted! Watch your mailbox for these – they will be mailed soon. And, for you non-voters – SEE WHAT YOU MISSED BY NOT VOTING?

Get involved in CNYSGNA!

As outgoing Education Chair for Central New York SGNA, I hope you will join me in thanking everyone who has contributed to the many, many education programs we have had available to us. From vendors to their financial support, to speakers, to board members, and to the people who **VOLUNTEER** their time to coordinate these programs, we all should be grateful to them.

Did you know that all board members are volunteers? And, maybe the hardest working of all are the ones who coordinate our spring and fall meetings. It literally takes hours and hours of time to put these programs together. When we attend them it looks so effortless, doesn't it? I can assure you it is anything but! A big thank you to all who have participated in making CNYSGNA a great organization!

FREE contact hours! The Esophageal Cancer free contact hours program is still available to

CNYSGNA members until May, 2010! Log onto the CNYSGNA website for full details!

Terry Markiewicz, RN, MS, CGRN

DATES:

March 19, 2010 Certified Nurses Day.

March 24, 2010 GI Nurses Day

2010 SGNA Annual Course

Expanding our Horizon's

April 30 - May 5, 2010 Orlando, FL

Rosen Shingle Creek Hotel

May 6, 2010 Nurses Day.

Secretary Note:

As those of you who stayed for the Business Meeting know, CNYSGNA renewed our sponsorship of three nurses to belong to SIGNEA (Society of International Nurses and Endoscopy Associates. This organization facilitates communication and collaboration between GI nurses and associates throughout the world. It is a global network of professionals. Those who belong receive the SIGNEA newsletter three times a year which contains clinical articles, news from the different member countries, contact names of its members, announcements of upcoming conferences, etc. You can also visit their web site at www.signea.org to learn more about them.

There has been an ongoing call for old Core Curriculums, Procedure Manuals, and Gastroenterology magazines. General nursing books and magazines are also acceptable and all reading materials should not be more than 5 years old. Reusable forceps and snares will also be accepted. They will be sent to SIGNEA in care of Agnes Gaber at 2034 W. 22nd Place Chicago, Illinois 60608. The Board of Directors thought it would be a

great idea to gather these items at our next conference in the spring so we could forward them to SIGNEA... Please start going through your books, magazines, etc., set them aside, and write yourself a note to bring them to Watkins Glenn next March. What a great way to help nurses who have so much less to work with than we do. They have been so grateful for these gifts from their colleagues from around the globe. Thankyou for your support.....Gayle Millis, RN, CGRN Secretary

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