



No 44

March 2013
CNY SGNA Newsletter

Central New York Society of
Gastroenterology Nurses and
Associates.
Region 37.

President's Message:

Dear CNYSGNA members,

I am very excited to be serving as your President this year! Thank you Terry for all the help you have given me as I transition into this new role.

“Aim Higher” is the theme of this year’s Annual Course. There are a couple ways I’d like to see our region “Aim Higher this year. Lets “Aim Higher” to see if we can out do ourselves by getting our program attendance to an all time high! We have two great conference meetings this year. So much time and effort is put into preparing these meetings. Let’s show our appreciation by giving our time to be present. Let’s all strive to bring at least one new person to the regional events. There is so much to be gained by attending!

Secondly, let’s “Aim Higher” and get our regional certification rate up. Start a study group in your unit and make a pledge with your co-workers to sit for the exam this year. Nothing beats the feeling of getting that certificate in the mail and the ability to use CGRN after your name. If you can’t get your

colleagues to do it with you, do it yourself. You will have such an amazing sense of pride and accomplishment.

The Annual Course will be held in Austin ,Texas from May 17-22nd. It is possible to earn up to 42.25 hours of continuing nursing education by attending. It is also a terrific opportunity to meet and have fun with people who are interested in the same things you are. It’s always fascinating to find out how much alike GI nurses and GI units are. The same issues you have, your GI sisters and brothers are also having, clear across the country. If you have never attended a National conference, don’t wait any longer. It is truly an awesome opportunity!

In March we will be celebrating Colon Cancer Awareness Month and GI Nurse’s Day.. I’m sure many of you will be celebrating these events in various ways. Please take some photos of how you are celebrating these special days and share them with us for the next newsletter.

We have many terrific opportunities this year. Please make an effort to take advantage of them and bring along a friend or co-worker. I have no doubt they will thank you for it!

I look forward to seeing you in Binghamton, April 26-27.

Jackie Scolia, BSN, RN, CGRN

Editor’s Note:

Happy GI Nurses Day 2013.

Hope that you have an exciting day ahead of you. Are you having lunch? A speaker? Doing Colon Cancer Awareness for a community group, or your hospital staff? Let us know with an email or photo’s.

The Albany Times Union had a fantastic article on Colon Cancer Awareness March 20th. It is done in a humorous, fun game. I wish I had thought of that. The reporter, Kristen Brown, has “got it”: Colonscopy is a

life saving procedure. I will have the article at Binghamton on April 27th. I am going to try and get copies for everyone.

Be sure to send in your registration for the Spring Meeting in Binghamtom. JoAnne DeRoche and staff have been working hard to give you a class program. I can’t wait to get the update on a variety of gastrointestinal conditions. “Exploring New Frontiers” has peaked my interest. Come join the fun.

If you are going to Austin, TX for the Annual Course, let Jackie know. We like to have a get together of CNY members. I will be attending this year. I hope to see some of our members there. I have been going to Austin for 30 years. It is a fantastic city.

Barbara Schwant, BSN, RN,
CGRN

2013 CNYSGNA Spring Conference: Exploring New Frontiers

JoAnn DeRoche: 607-762-2215
www.Joann_deroche@uhs.org

The Riverwalk Hotel

225nWater Street
Binghamton, NY 13901
www.theriverwalkhotel.com

800.723.7676

\$119

Topics:

1. Keeping Current on Emerging Trends in Interventional GI Endoscopy
2. Update on Hepatitis Encephalopathy
3. Pediatrics in the GI Lab
4. Reflux Disease and Esophageal Dysmotility
5. Cholangioscopy: Review of Technology/Application of Clinical Therapy

6. Endoscopic Ultrasound in Benign and Malignant Disease
7. Understanding the Value and Opportunities of Nursing Certification and the Recertification Process
8. An Update on Celiac Disease

Price is \$20 Friday night

Saturday: Members: \$80

Non-members: \$95

Brochure is online at

cnysgna.org

8 contact hours

NOLF Report

No action at this time.

Barb Schwant, RN, CGRN

MEMBERSHIP: 120.

DATES:

March 27, 2013 GI Nurses Day
Celebrate.

March 31, 2013

2013 SGNA Membership Renewal
If you haven't already done so, please [renew your SGNA membership](#) today. In order to continue receiving your valuable SGNA membership benefits, you must renew your membership every calendar year. SGNA encourages its members to renew as soon as possible, as **lapsed members will lose access to their member benefits on March 31, 2013.**

SGNA is also going green! Starting in 2013, SGNA will no longer mail out hard copy membership cards. Rather, members will have 24/7 access to their membership card on the SGNA Web site. Accessing your membership card is quick and easy! Log in to the [SGNA Member Center](#) and click on "[Membership Card](#)" to view and print your electronic membership card.

CNYSGNA Spring Meeting Exploring New Frontiers

April 26-27, 2013

Contact JoAnn DeRoche:

607-762-2215

www.Joann_deroche@uhs.org

SGNA 40th Annual Course: May 17-22, 2013 Austin, TX.

The Advance Program and registration are now available online! [Visit the SGNA Web site](#) to learn more and register today.

2013 Certification Examination

Spring Computer Based Testing (CBT) Window: May 1-May 31, 2013

Paper exam, May 19, 2013 Austin, TX

Fall Testing Window:

October 1-31, 2013. Registration ends: August 31, 2013.

October 11-12, 2013

CNYSGNA Fall Conference: Don't Fall Behind, Stay Up on Your GI
Kathy Dorsey, BSN, RN, CGRN
518-423-2465
kmdorsey@nycap.rr.com
Rensselaer Hilton Garden Troy, NY

Letters to the Editor

Thank you.

We wish to thank the SGNA of Central New York for awarding us the scholarships this past May. We would like to share with you about the Nationals and what we enjoyed. Two areas that we want to discuss are networking and conferences.

Networking, our favorite part allowed us to talk with GI nurses from around the country and outside the USA. We were lucky to meet a director named "Dot". She inspired us with her style of leadership. "Dot" told us about her unit that she managed and her leadership practices. She presented as a positive professional GI nurse manager. We could tell her staff members looked up

to her. She listened to our frustrations, our transitions in our career and she coached us. She told us how to handle these issues on her unit and made us feel better. She made us feel proud of ourselves and the jobs we carry out every day in our GI unit. We meet nurses who struggled with the same problems as us and had problems of their own.

We also attended many workshops that enhanced our care and changed our way of thinking. We learned about infection control and the importance of this hot topic. It helped us give our patients a safer environment. We attended benchmarking which we currently involved with on our unit. *Uncivilized behavior in the workplace* was our most eye opening conference session. It brought awareness to the behaviors that happen across the country in the healthcare world currently. We learned strategies to help deal with this negative behavior. We all want our units to strive the best they can be. We felt much supported and we grew professionally confident to make simple changes in our dept and to our community. Yes, we are Proud to be GI and we encourage any GI staff to attend this educational conference for the experience!

Rachel Ayers RN and Debra Torres BSN Cayuga Medical Center@Ithaca

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Because it is Dr. Seuss’s birthday this
month:

I Love My Job!

I love my job, I love the pay!
I love it more and more each day.
I love my boss, she is the best!
I love her boss and all the rest.

I love my office and its location, I
hate to have to go on vacation.
I love my furniture, drab and grey,
and piles of paper that grow each day!
I think my job is really swell, there’s
nothing else I love so well.
I love to work among my peers, I love
their leers, and jeers and sneers.
I love my computer and its software;
I hug it often though it won’t care. I
love each program and every file
I’d love them more if they worked a
while.

I’m happy to be here. I am. I am.
I’m the happiest slave of the Firm, I
am.
I love this work, I love these chores.
I love the meetings with deadly bores.
I love my job- I’ll say it again- I even
love those friendly men.

Those friendly men who’ve come
today,
In clean white coats to take me
away!!!

