



No 45

August 2013
CNY SGNA Newsletter

Central New York Society of
Gastroenterology Nurses and
Associates.
Region 37.

President's Message:

Dear CNYSGNA members,
I hope you all have been enjoying
the summer season!
Fall will be here before we know
it, so be sure to enjoy NOW!

We have a great Fall Program
coming up in October. Be sure to
make arrangements to attend. It
will be a very worthwhile time.

Election time will also be upon us.
Please take the time to vote. Also,
why not consider being an officer
It is a very rewarding opportunity.
Please consider running for one of
the vacant positions.

I am looking forward to seeing you
at the Fall course and reconnecting
with those of you who I had the
pleasure of being with at the
Annual course in Austin, Texas.
The 2014 Annual Course is in
Nashville Tennessee. Now is the
time to start thinking of attending.
It is an absolutely fantastic

experience, both educationally and
personally.

Thank you very much for the
opportunity to serve as your 2013
Regional President.
Warm regards,

Jackie Scolia, BSN, RN, CGRN

Editor's Note:

A busy Fall is approaching. Hope
you are gearing up to go to the Fall
meeting, Oct. 11-12. Kathy
Dorsey and her staff have been
very busy planning a great
conference. 2 talks Friday night.
Check our website for information.
www.cnysgna.org (Sneak a peek
on the next page).
Brochure will be coming shortly.

Remember, Aug. 31 is the last date
to sign up for the Certification
Exam in 2013. The last paper and
pencil exam was in Austin in May.
All testing will now be by
computer. There are still two full
months each year to take the exam.
Please consider getting certified.
You will feel a great pride, once
you have passed. There is a
Review Course Sept. 14-15 in
Baltimore, MD if you are
interested. Or start your own study
group.

You will also be asked to vote next
month. Terry Markiewicz has
been busy recruiting candidates.
Please consider getting involved.
Get on a committee. It does not
require a large time commitment.

Please note that there is a new
Core Curriculum available.
www.sgna.org

SGNA has a new program on
Infection Prevention Champions
Program and toolkit. To learn

more about it, visit
www.sgna.org/InfectionPrevention.aspx

Are you currently doing
something new in GI? Would you
share it with our members?
Anyone doing Fecal Transplants?
Anything new on the Barrett's
scene? How about a new way to
recruit the 50 year old for colon
screening? Contact me. I know
Central NY is one of the
innovative regionals. Can you
help me prove it?

Barbara Schwant, BSN, RN,
CGRN

Nominations:

It's almost time to vote again for
your CNYSGNA board members.
Are any of you interested in
running for an office? The open
spots on this year's ballot are:

President-elect (must be CGRN,
good idea to have some board
experience)
Secretary
Education Chair
Budget & Finance Chair

If you have questions about these
positions, ask any board member!
We would be happy (delighted, in
fact!) to help.

Thanks!
Terry Markiewicz
Immediate Past-President
October 11-12, 2013
CNYSGNA Fall Conference:
Don't Fall Behind, Stay Up on
Your GI
Kathy Dorsey, BSN, RN, CGRN
518-423-2465
kmdorsey@nycap.rr.com

DATES:

**Sept. 14-15, 2013 Certification
Review Course.** Baltimore, MD
\$250 members/\$350 non-members.

11.25 contact hours, GI specific.
www.sgna.org

October 11-12, 2013

CNYSGNA Fall Conference:
Don't Fall Behind, Stay Up on
Your GI
Kathy Dorsey, BSN, RN, CGRN
518-423-2465
kmdorsey@nycap.rr.com

2013 Certification Examination

Fall Testing Window:
October 1-31, 2013. **NOTE:**
Registration ends: August 31,
2013.
www.Abcbgn.org

SGNA 41th Annual Course:
May 2-6, 2014 Nashville, TN.
[Visit the SGNA Web site](#) to learn
more.
Course is Sunday thru Tues in
2014. New agenda.

Fall Conference:
Rensselaer Hilton Garden
235 Hoosick St., Troy, NY 12180
518.272.1700
888.370.0980
Rate \$119/night
Code: CNYG

Sneak peek of Fall Confernece:

Friday, October 11, 2013 6-9PM
(limited to 50 participants each)

6:30- 7:30PM- Principles and
applications of Endosonography
presented by Dr. Sood
(To understand the principles and
applications of Endosonography)
7:45-8:45 PM- Moderate Sedation
with Suboxone & Methadone-
Elma Omeragic PharmD, BCPS
(To understand how to treat
patients undergoing moderate
sedation while taking medications
such as methadone and suboxone)

Saturday, October 12, 2013
7AM-4PM

7:30-8:30 AM- Celiac Disease
Update- Christine Cooley, PA
(To review updates in Celiac
Disease)
8:30-9:30 AM- Caregiver Burnout-
Jean Millet, PA
(To understand burnout
experienced by the caregiver)
9:30-10:00- Break
10-11AM- C. Diff- Dr. Asma Arif
(To understand changes in
treatment and management of C.
Diff)
11AM-12 Noon- Barrett's
Esophagus and treatments- Dr.
Dean
(To review Barrett's Esophagus
and the treatments)
12 Noon- 1PM- Lunch
1:00-2:00 PM- Keeping Current on
Emerging Trends in Interventional
GI Endoscopy and Electrosurgical
Safety)- Kristie Briggs, RN
(Describe the evolution of
endoscopic resection, various

techniques for endoscopic
resection and emerging trends and
technologies, clinical
considerations in optimizing
patient outcomes and safety)

2:00- 3:00 PM- Hepatitis C-
presented by Debra Hinden, PA
(To review treatment and care of
patients with Hepatitis C)
3:30-4:30PM CNYSGNA meeting

Submission for credit hours will be
made to SGNA and ABCGN for 8
credit hours

NOLF Report

NYSNA is currently re-evaluating
their process. No meetings have
been planned yet.

Barb Schwant, BSN, RN, CGRN

.....
Note:
I would like to thank Central NY
for the scholarship to National in
Austin. It was a fantastic
experience. As SGNA celebrated
their 40th anniversary, there was a
great program.
As I sat next to the first speaker,
Josh Bleill, a double amputee, an
excitement began to fill my soul.
Josh told us how he didn't always
do the best he could growing up,
but he did keep his positive
attitude during the healing process.
He said how important the nursing
staff is to encouraging one to keep
pushing to get better. Our patients
rely on us to explain procedures,
complications, expected outcomes,
and how to maintain a healthy
lifestyle. Patients and family love
helpful hints. Josh told us what
nurses do, every day. He asked us
to keep it up.
In the next few months, I will be
giving you some of my notes that
seemed important to me. Some of

the sessions were recorded and are on the sgna website. I believe that there is a fee.

Dr. Wava Truscott spoke on c diff. This is one of the best talks on this subject. Did you know c diff is highest in the Northeast? There are 15,000-30,000 deaths in the US/year. 95% of patients that get c diff, had recent antibiotic use. Treatment includes hydration and electrolytes. Studies show that probiotics (yogurt) made no difference. **59% of health care workers who touched a c diff patient had contaminants on their hands. (Wash your hands before touching the IV bag.)** Alcohol hand sanitizers do not work. **Soap, water and rinse. Hand off communication is very important. Dr Truscott's motto: Grab a wipe and swipe.**

Visit Youtube: A Silent Epidemic by Emily Croke. It will make you a better nurse. Make sure you are not part of the problem.

Barb Schwant

.....
Bio on Kathy Dorsey:

Kathy Dorsey, BSN, RN, CGRN, WCC

Hello CNYSGNA members:

My name is Kathy Dorsey and I am your CNYSGNA President Elect for 2014. I have been in the nursing profession for over thirty years, all of which have been at St. Mary's Hospital in Troy, NY. I received my ADN from Hudson Valley Community College in Troy, NY in 1991 and my BSN from American Sentinel University in Aurora, CO in 2011. I am currently enrolled in the MSN

program at American Sentinel University with an anticipated completion date of early 2015. I received my CGRN in 2012 and I am also Wound Care Certified (WCC). I was a LPN for 10 years prior to receiving my ADN. The majority of my nursing career was spent on the Diabetes medical surgical unit as a staff nurse and charge nurse. I transferred to the Endoscopy department in February 2009 as a staff nurse. I have been the Nurse Manager of the Endoscopy unit at St. Mary's Hospital since October 2011. I recently added the departments of Central Sterile Processing and Anesthesia Techs to my management duties.

I am the mother of two wonderful young adults. My daughter Jaimee is a student at SUNY Adirondack and will graduate in 2014. She is hoping to eventually teach hearing impaired students, as she has a love for American Sign Language. My son Benjamin will graduate from high school in June and plans to attend Paul Smith College to study baking and pastry.

I developed an interest in GI nursing because of my husband, Tim. In 2003 he was diagnosed with NASH. Unfortunately, by the time he was diagnosed he already had severe esophageal varices, portal hypertension and cirrhosis. He had multiple variceal bleeds in 2005 which lead to over 3 weeks in the hospital between Troy and Boston and resulted in the TIPS procedure. Tim was placed on the transplant list, but unfortunately never received one. He passed away in 2007.

On one of his many visits to the Endoscopy unit one of the nurses

jokingly asked me if I wanted a position as one was open. I didn't take her seriously at the time, but it did plant the seed that ultimately got me here. I watched my first normal EGD in 2009. It took me by surprise because I had only seen EGDs on my husband, and his were far from normal.

My co-workers and I are currently planning the fall 2013 CNYSGNA conference "Don't Fall Behind, Stay Up On Your GI", which will take place October 11 and 12 at the Rensselaer Hilton Garden in Troy, NY. I look forward to becoming your president next year and learning from Jackie in the meantime.

Kathy

Earn free CME/CE credit online

www.universe.gi.org/symposia.asp

www.Oridion.com/eng/learning-center

www.nurse.com/

www.saxecommunications.com/

www.nursingcenter.com

CNY SGNA:

YOUR 2013 BOARD:

President : Jackie Sciola, BSN, RN,
CGRN 413-329-1332 (h)
413-881-5429 (w)
279 Highland Ave Pittsfield, MA
01201

JSciola@bhs1.org

President-elect: Kathy Dorsey,

BSN, RN, CGRN 56 Greenwood Ave Mechanicville, NY 12118
518-423-2465 ©
kdorsey@setonhealth.com
kmdorsey@nycap.rr.com

Past President : Terry Markiewicz, MS, RN, CGRN.
104 St. Stephens La. W., Scotia, NY 12302 518-243-4258 (w)
518-399-0703
feedkramer@aol.com

Secretary: Juanita Aikens English, RN, 10 Pinewood Rd Guilderland, NY 12084
518-456-2845(h), 518-243-4258(w) Secretary@cnysgna.org
nursejjae@yahoo.com,

Treasurer: Cathleen H. Bolton, RN, CGRN 518-585-7102 (h), 518-926-6220(w) FAX 518-926-6234 voice: 518-926-6226
90 Tiroga Beach Lane, Ticonderoga, NY 12883-2307
chbolton@hotmail.com

Board members at Large:

Membership Chair: Coleen Feocco, BA, RN, CGRN 315-475-2802 (h) 315-470-7921(w)
2210 South Geddes St. Syracuse, NY 13207
rfeocco@twcnny.rr.com

Bylaws Chair: Rachel Ayers, RN
360 Hunt Hill Rd Ithaca, NY 14850
607-274-4192
Rachie5hh@frontiernet.net

Education Chair: Terry Markiewicz, MS, RN, CGRN filling in. 104 St. Stephens La. W., Scotia, NY 12302 518-243-4258 (w) 518-399-0703
feedkramer@aol.com

Finance/Budget : Winnifred Akangbou, RN, CGRN 518-243-4247(w), 1 Deerfield Pl Scotia, NY 12302
wakangbou@gmail.com
wakangbou@nycap.rr.com

Editor/NOLF rep
Barbara Schwant, RN, BSN, CGRN 518-887-2850 (h), 309 Muselbeck Rd. Pattersonville, NY 12137
bschwant@gmail.com

American Board of Certification for Gastroenterology Nurses
1-855-25-ABCGN,
www.Abcgn.org

National Society of Gastroenterology Nurses and Associates: 800-245-7462
www.sgna.org
e-mail: SGNA@sba.com

Local education members:

Capital District: Terry Markiewicz, MS, RN, CGRN.
104 St. Stephens La. W., Scotia, NY 12302 518-243-4258 (w)
518-399-0703
feedkramer@aol.com

Syracuse: Coleen Feocco, BA, RN, CGRN 315-475-2802 (h) 315-470-7921(w)
2210 South Geddes St. Syracuse, NY 13207
rfeocco@twcnny.rr.com

Binghamton: Joann DeRoche, RN,
jknoche88@hotmail.com

Website: www.cnysgna.org
Webmaster: ecbcunia@gmail.com
Send e-mail addresses online at www.cnysgna.org

“Newsletters represent the authors’ Opinions based upon the current understanding and usual practices in this field. Except as stated, it does not represent SGNA guidelines or procedures. Practitioners must adapt the information to their individual situations. SGNA accepts no responsibility for specific applications of this information.”