



No. 49

Jan. 2015

CNY SGNA Newsletter

Central New York Society of Gastroenterology Nurses and Associates.
Region 37.

President's Message:

Happy New Year everyone! It is an honor and pleasure to be your president this year. SGNA and CNYSGNA have been a very strong influence in my professional career in GI nursing. I haven't missed very many educational programs presented by CNYSGNA since joining in 1981. Boy that dates me doesn't it? And the national meetings presented by SGNA are very educational and inspiring. The friendships I have made both locally and nationally are lasting and very important to me. I would like to encourage everyone to consider attending the national meetings at some time in your careers when time and money allow for it. I realize that both are at a premium for many of us but it is so worth it. This year the SGNA meeting is in Baltimore and at least a little closer to home, which might make it easier for more people to attend. Consider applying for a scholarship.

That brings me to a difficult situation that CNYSGNA is experiencing. As of this writing we do not have a spring meeting scheduled. We had a volunteer that was all set to put on a program but through no fault of hers, it has to be postponed until a later time. It will happen, just not this year. Kathy Dorsey is planning our fall meeting. That being said, I am putting out a huge plea for someone or a group to step up and organize an educational meeting for this spring. If you have never done one in the past, there are many of us who would be happy to assist you. It is difficult for one person to do the whole thing but if you do it as a group, many hands make light work and it really is lots of fun. Just spread the different aspects among members in your work group. The result is very rewarding. Remember you set up the program and if there is something new or something you want to know more about, you get to arrange the program the way you want to. Please consider this opportunity.

CNYSGNA as been chartered for almost 35 years. To maintain that charter, we are required to offer at least 6 contact hours of education each year. That doesn't sound like a lot but without meetings it won't happen. I would hate to see anything happen to that long-standing charter. Our leaders for the last 35 years have worked hard to provide a stable organization and give excellent educational opportunities for its members. Let's continue that outstanding history.

Please have a very Healthy and Happy New Year and if you have any comments or there is anything that I can do for you, please let me know. Cathy Bolton

SAVE THE DATE!

CNYSGNA Celebrating 35 Years of GI Education!

September 25 & 26, 2015

Hilton Garden Inn, Clifton Park, NY

20 Rooms are being held until
8/26/2015

\$149 per Night

Code: GNA

information contact Kathy Dorsey

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kmdorsey@nycap.rr.com

Editor Note:

NOTE: SEE ALERT FROM SGNA/CDC on page 3.

Happy New Year. Many changes have occurred since the last newsletter. Take note that there is no Spring meeting. Perhaps one of you will offer to do a 4 hour Sat. meeting late Spring or Summer. It will be hard for this organization to continue with only one meeting a year. Last year the second educational conference was put on by Albany GI and St. Peter's. This was a fantastic thing for members, as vendors and those organizations offered the conference for free. Special thanks to Dr. Bhavesh Shah,

St. Peter's, Albany GI Consultants, and vendors for the excellent conference and fantastic speakers. Please remember that this means CNYSGNA did not make money for one year. An organization cannot function for long with little income.

Second, I believe that this is one of the most important times in GI. Culturing scopes, holding times may be the new norm soon. Below will be some websites on the FDA report on new guidelines on irrigating tubes/bottles and on ERCP infections and deaths. This involves organism CRE: **carbapenem-resistant Enterobacteriaceae**. Also a website on an article from USA Today on the same subject. Dr. Muscarella is mentioned as an expert in endoscopy safety. Remember, he has been a speaker for a number of CNY conferences thru the years.

<http://thegazette.com/subject/news/local-hospitals-report-no-infections-linked-to-gi-scopes-20150207>

<http://www.usatoday.com/story/news/2015/01/21/bacteria-deadly-endoscope-contamination/22119329/>

<http://www.fda.gov/ucm/groups/fda.gov-public/@fdagov-meddev-gen/documents/document/ucm429672.pdf>

(Draft - Not for Implementation : Mitigating the Risk of Cross-Contamination from Valves and Accessories Used for Irrigation through Flexible Gastrointestinal Endoscopes.)

I challenge all GI Nurses to read these articles, not just managers. It would even be fun to have a round table on this somewhere. Where has Endoscopy come from? How does the future look? How can we improve the safety of our care? When will it be decided that culturing of scopes should be the norm, instead of not being done because we do not have a problem?

It will be imperative that you work closely with your vendors. The public will be asking how you are making their procedure safe. **Networking** is one of the wonderful benefits of CNY and SGNA. Together, we can offer safe, professional care to all our patients.

Your **2015 CNYSGNA Board:**
President: Cathleen Bolton
President-elect: Laura Pfeifer
Past-president: Kathy Dorsey
Treasurer: Emily Jadick
Secretary: Juanita Aikens
English

Special thanks to the retiring Board members: Jackie Sciola, Past-president, Coleen Feocco, long standing Membership chair, and Rachel Ayers, Bylaws. CNY thanks you for your years of service.

Welcome to two new Board members: Laura Pfeifer, president-elect and Emily Jadick, treasurer. Both are from Glens Falls Hospital. Their bios are below. Thank you for accepting the challenge.

All members are welcome to contact Kathy Dorsey, Nominations Chair,

and submit their name for a position or committee.

MARCH. Are you ready for Colon Cancer Awareness month? **March 6th is Dress in Blue Day.** Will you share some photo's from your events? Great info and hand out items on SGNA, Colon Cancer Alliance websites.

MAY. Please let Cathy Bolton know if you are planning to go to Baltimore this Spring for National Conference. CNY tries to get everyone together a few times during that time. It's always nice to see a familiar face. Consider attending National: it is a fantastic learning and networking experience.

Please send me some feedback. What are you looking for in this newsletter? I would love to hear from you.

See you in September, if not before.
Barb Schwant

Congratulations:
Terry Markiewicz: I want to draw your attention to an article in the December/January 2015 EndoNurse magazine. On page 16 you will find an article on evidence-based practice by our own Education chair- Terry Markiewicz. I hope you all take the time to read it. I also want to congratulate Terry on having her article published. Kathy Dorsey

Bonnie Rosenbarker from the Central New York Region on being an ABCGN exam scholarship winner.

Election bios:

Laura Pfeifer, BSN, RN, CGRN
President-elect bio:

I have been an RN since 1989. I worked in New Haven, CT in an MICU for 18 years. I moved to New York in 2006 and became a staff nurse at the GI Center at Glens Falls Hospital. I became a certified gastroenterology nurse in 2012. I became the nurse manager of the GI Center when Cathy Bolton, my mentor, retired after 32 years in 2013. As of October 2014, I am now the Nurse Manager of the GI Center and the Surgical PACU. I am working on my Masters Degree in Clinical Systems Leadership from Excelsior College in Albany and hope to graduate in 2016. I am a member of SGNA, ASPAN, and the ANA. I am passionate about inspiring nurses to achieve nursing excellence, certification, and higher education.

I live in Saratoga Springs with my husband Craig. We have three sons 22, 19, and 14. I enjoy traveling whenever I can, good wine, and the Dave Matthews Band.

Emily Jadick, BSN, RN
Treasurer

I graduated from Binghamton University in 2005 with my Bachelor of Science in Nursing. I spent the first six years of my career working in Telemetry and Intensive Care. I joined the GI Center at Glens Falls Hospital in September of 2011. I am currently the Unit Based Council chairperson for the GI Center. I anticipate taking my CGRN certification exam in 2015. I am

honored and excited to begin this new journey as CNYSGNA Treasurer.

.SGNA 42nd Annual Course:
May Baltimore, Maryland
May 15-19, 2015
Visit www.SGNA.org
to learn more. New agenda.
Course is Sunday thru Tues.

CNY 2015 Fall Conference.
Celebrating 35 years.
Sept. 25-26, 2015
Hilton Garden Inn, Clifton Park, 1
Contact: Kathy Dorsey, 518-42-
2465 kmdorsey@nycap.rr.com

ABCGN Certification Exam:
2015 Registration window: Jan. 1
thru Feb. 27, 2015
Exam window: May 1 to May 31,
2015
Recertification deadline for 2015
Dec. 31, 2015.
www.Abcgn.org

Education:
SGNA learning Center:
e.learn.com
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[http://www.endonurse.com/news/
13/09/steris-university-releases-
new-learning-materials.aspx](http://www.endonurse.com/news/13/09/steris-university-releases-new-learning-materials.aspx)

Some interesting articles:

http://support.ccalliance.org/site/Pages/Server?pagename=reus_dibd_resources

<https://www.caring.com/articles/self-exams-for-cancer?>

ALERT FROM SGNA/CDC:

Recent media coverage about the bacterial infections caused by CRE, including today's story shown on [The Today Show](#) and an article published yesterday in the [Los Angeles Times](#), have increased public awareness of the UCLA bacteria outbreak from contaminated medical scopes which has been linked to two patient deaths.

SGNA Resources for Quality and Safety:

- [SGNA Standard of Infection Control in Reprocessing of Gastrointestinal Endoscopes](#)
- [SGNA Statement on Reprocessing of Accessories and Valves](#)
- [The SGNA Infection Prevention Champions Program](#)
The Infection Prevention Champions Program details a systematic approach to evaluate your unit, and then develop a clear plan for improvement. Your Infection Prevention Champion will partner with the nurse manager and appropriate infection prevention stakeholders to evaluate current practices and areas for improvement, guided with SGNA resources along the way. Learn more and apply at www.sgna.org/InfectionPrevention.
- [SGNA High-Level Disinfection Module](#)
Infection prevention is an

imperative part of GI/endoscopy nursing. The SGNA High-Level Disinfection Module interprets widely endorsed scientific theory into understandable, step-by-step guidelines. The fifth edition incorporates the most current practice documents pertinent to reprocessing. To order, visit www.sgna.org/Marketplace.

Additional Resources

- [CDC Infection Control Guidelines](#)
- [ASGE Multisociety Reprocessing Guideline](#)
- [FDA ERCP Safety Communication](#)

CNY SGNA: YOUR 2015 BOARD:

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