



No 51

February 2016
CNY SGNA Newsletter

Central New York Society of
Gastroenterology Nurses and
Associates.
Region 37

President's Message:

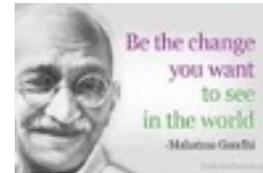
Dear CNYSGNA Colleagues,

I am quite proud to be able to serve you as President of Central New York SGNA for 2016. Ten years ago, I left an 18 year career in an ICU in New Haven, Connecticut and walked into the GI Center at Glens Falls Hospital to begin a new chapter in my profession. Under the guidance of my mentor, Immediate Past-President Cathy Bolton, I fell in love with Gastroenterology Nursing. Thanks to her, I became a clinical expert, a member of SGNA, and a Certified Gastroenterology RN. Eventually, she led me to manage the unit after her retirement and once again, she is my mentor as I step up to take on the role of President. Of all the things Cathy and my colleagues in Glens Falls taught me, it is the devotion to our specialty and unwavering support of CNYSGNA that is most meaningful to me.

Over recent years, we have seen a decline in interest in membership and in creating and hosting Spring and Fall conferences. As your President, my main goal is to increase our regional membership. We need to convey the message to our colleagues that membership in SGNA demonstrates our support and passion for our specialty, especially during this turbulent time in healthcare when GI Centers may be combined with other units, staff may be cross-trained, and managers may no longer be Gastroenterology experts. Now more than ever, we must be the experts on SGNA practice and reprocessing guidelines. Our membership is needed to support activities that promote professionalism and education. I am in the process of obtaining our current membership list from national headquarters and I hope to update our email list and have regular communication with all members. Last May, while at the SGNA Conference in Baltimore, I began an Instagram account to chronicle a few photos from the week. Our Instagram name is CNYSGNA. You may send photos to me at LTPfeifer@aol.com and I will be happy to upload them to our account. I definitely want to see a lot of photos from our region during GI Nurses Week in March! I look forward to representing Central New York Region 37 in Seattle this year and I hope some of you will have the opportunity to join me. Please do not hesitate to contact me if you need assistance with anything throughout the year. Warm Regards,

Laura Pfeifer, BSN, RN, CGRN

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Editor's Note:
Happy New Year.



This is one of my favorite quotes. I am calling all of you to bring some change to CNY. We need some passionate members. We need members to share the new procedures, what works and what doesn't. Great speakers that you have heard. Member nurses willing to speak on a topic, or do a roundtable. (Continued on page 2).

2016 CNYSGNA Spring Conference

April 15-Sat April 16 at Crowne Plaza in Pittsfield, MA

April 15, Friday night: 1.0 CEU course from ERBE

April 16, Saturday topics: Fecal transplant , EUS, Colon Pillcam, Inflammatory bowel disease, Anal/rectal cancers, plus more.

Crown Plaza: 413-499-2000

1 West St, Pittsfield, MA 01201

Special rate :

\$ 99.00-single or double

\$114.00 triple

Plus 11.7% tax, block of rooms reserved up until 30 days prior

Jackie Sciola, RN BSN CGRN
Director Ambulatory Surgery/
Endoscopy

Berkshire Medical Center
jsciola@bhs1.org
cell, [413-329-1332](tel:413-329-1332)

DiscoverPittsfield.com

Editor's note, continued:

I know CNY is one of the best regionals. We have members or retired members who have been President of SGNA (2) and President of ABCGN (2). We have two winners of the Gabriele Schindler award for excellence.

Be aware that you could offer a 4 hour conference, dinner meetings, combine with another hospital or free standing clinic. Have the meeting at your hospital and skip the hotel. (Everyone would get to see your unit) If we all change and help just a little, CNY will stay the strong regional that it has been.

Think: Have I complained about topics or where conferences are? Be the **CHANGE** you want to see.

I am one that realizes your life can change in a minute. I am slower, multi-task less, and will need someone to start thinking of being an assistant editor soon.

First, I would like to thank all those that sent cards and prayers in my direction. Please, look at all the symptoms of Lyme. It can affect your body anywhere. Watch for ticks. Pain moves around. It can affect GI tract. Fight for a blood test if you think you might have it. It can make the difference of walking out of the hospital or

rolling out in a wheelchair. I am so glad to be walking now.

Second, have attached information on the Spring meeting which will be held April 15-16, 2016 in Pittsfield, MA. Mark your calendar. It should be great. Call Jackie Sciola if you have questions.

Third, National SGNA meetings are full of education, mentorship, networking and great friendships. Look at sgna.org for the actual topics and speakers in Seattle, WA. There are great vendor programs.

Also, have included a few contact hour links that have been sent out from National. Many of these are free, gi specific and great learning experiences.

Note the results of the Fall elections. Still looking for committee members. Let the President or Board know that you are interested.

Let me know if there is subject that you would like to hear about. Or submit an article and get points toward a scholarship. See cnysgna.org for information on this.

I noticed that many people haven't paid membership dues. Due now.

Don't forget to plan your Colon Cancer Awareness Day and GI Nurses week in March. If you need some incentive www.sgna.org Send your pictures so we can show them in April.

See you in Pittsfield.

Barbara Schwant, BSN, RN,
CGRN

DATES:

SGNA 43th Annual Course:
May 22-24, 2016 Seattle, WA.
Breaking the MOLD

Visit www.SGNA.org to learn more.

Certification Exam:

Registration window: Jan. 1 thru Feb. 29, 2016
Exam window: May 1 to 31, 2016.
www.Abcgn.org

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FALL ELECTIONS:

The results of the **Fall 2015 elections** are in! January 1, 2016, President-elect is Pamela Doble, Secretary is Juanita Aikens-English; Budget & Finance Chair is Elizabeth Wood, and Education Chair is Michele Millias. Also effective January 1, Laura Pfeifer will assume the role of President, and Cathy Bolton will move to Immediate Past-President.

Thank you to everyone who agreed to run for office, and also to everyone who voted in this election!

Kathy Dorsey
2015 Immediate Past-President
Note on 2015 Fall meeting:

As for the fall conference we had a low turnout, but a great mix of speakers and vendors. Not sure what we need to do to get the turnout higher, I kept the prices for attendees the same as I had for the conference I did 2 years ago. We only had about 35 people on Saturday, thankfully the Hilton Garden Inn was great at allowing us to revamp our numbers and space so we could save some

money. Thankfully we did not come out in the red.

Kathy Dorsey

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Membership: 91

Farewell Note:

Hi everyone,

It is hard to believe that it is February and still we don't have much snow. I'm still a kid at heart and I do love the stuff and still enjoy shoveling and making snow angels.

2015 marked the 35th anniversary of Central New York SGNA. CNYSGNA has been a very successful region providing excellent education and support to our members.

I want to thank Kathy Dorsey and her committee for all their efforts in organizing and successfully putting on our fall conference in Clifton Park. The speakers were great; vendors shared their knowledge and of course lots of good food to enjoy. I have found over the years that one of the things I look forward to the most is the networking with other GI nurses in our region. For those of you that weren't able to attend, you missed a good meeting. Thank you Kathy.

Unfortunately no one volunteered to sponsor the 2015 spring meeting but I'm hoping that was just a fluke and we will continue to have sponsors for future fall and spring meetings. There is no doubt that it is a lot of work, but there is always someone willing to help/guide and the rewards far out way the work.

Please consider getting together with your co-workers and sponsoring an upcoming meeting. Our spring meeting will be held on April 16th in Pittsfield, MA. You will soon be receiving information from Jackie Sciola. Keep the date open and I look forward to seeing as many of you as possible. We will be looking for someone to volunteer for the fall 2016 meeting. Remember, you choose the topics and if there is something that hasn't been talked about or a special interest to you, you get the chance to make it happen. Thank you for those of you that volunteered to run in our 2015 election. I know this is early but I will be looking for volunteers for this fall elections. Please consider the opportunity. It is fun and a great way to continue to move our region forward.

One last thank you and that is to my board. They have done a fabulous job this year and it was wonderful working with you all. It has been a pleasure to serve as your president and thank you all for the opportunity.

Cathy Bolton, RN, CGRN

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www.Oridion.com/eng/learning-center

www.steris.com

Boston University CME: <https://mail.google.com/mail/u/0/#inbox/152cc7dffdc7a753> (some exp.

March 2016.)

**CNY SGNA:
YOUR 2016 BOARD:**

President: Laura Pfeifer, RN, BSN, CGRN 77 Hoffman Ct. Ballston Spa, NY 12020-3125 LTPfeifer@aol.com

President-elect: Pamela Doble, RN, CGRN 5 Dusenbery Rd Troy, NY 12182 Pdoble63@gmail.com

Past President : Cathleen H. Bolton, RN, CGRN 518-585-7102 (h), 90 Tiroga Beach Lane, Ticonderoga, NY 12883-2307 chbolton@hotmail.com

Secretary: Juanita Aikens English, AAS, RN, 10 Pinewood Rd Guilderland, NY 12084 518-456-2845(h), 518-243-4258(w) Secretary@cnysgna.org nursejjae@yahoo.com,

Treasurer: Emily Jadick, RN, CGRN 100 Park St. Glens Falls, NY 12801 ejadick@gmail.com

Board members at Large:

Membership Chair: Barbara Schwant, RN, BSN, CGRN 518-887-2850 (h), 309 Muselbeck Rd. Pattersonville, NY 12137 bschwant@gmail.com

Bylaws Chair: Kathy Dorsey, MS, RN, CGRN 56 Greenwood Ave. Mechanicville, NY 12118 518-423-2465 © kmdorsey@nycap.rr.com

Education Chair: Michelle Millias, RN, CGRN 222 Main St. Worcester, NY 12197 michmillias@gmail.com

Finance/Budget : Elizabeth Wood, RN, CGRN 4900 Broad Rd. Syracuse, NY 13215 bwood@epclinc.net

Editor/NOLF rep Barbara Schwant, RN, BSN, CGRN 518-887-2850 (h), 309 Muselbeck Rd. Pattersonville, NY 12137 bschwant@gmail.com

American Board of Certification for Gastroenterology Nurses
1-855-25-ABCGN, www.Abcgn.org

National Society of Gastroenterology Nurses and Associates: 800-245-7462
www.sgna.org
e-mail: SGNA@sba.com

Local education members:
Capital District: Terry Markiewicz,
MS, RN, CGRN.
104 St. Stephens La. W., Scotia, NY
12302
518-243-4258 (w) 518-399-0703
feedkramer@aol.com

Syracuse: Coleen Feocco, BA,RN,
CGRN 315-475-2802
(h)315-470-7921(w)
2210 South Geddes St. Syracuse, NY
13207 rfeocco@twcny.rr.com

Binghamton: Joann DeRoche, RN,
jknoche88@hotmail.com

Website: www.cnysgna.org
Webmaster: ecbunia@gmail.com
Send e-mail addresses online at
www.cnysgna.org

Question:
Does anyone know or know where I can find out the specific air flow required for scope cabinets? We got dinged by DNV, but no one seems to know how to fix it. SGNA and OLYMPUS have a vague reference to "adequate" airflow??? I would really appreciate any help you can

give me. The other thing...we have a granddaddy GIF 130 upper scope which we use in times of extreme scope shortage. Somehow the buttons got lost and they don't make them anymore. Would any of you have a set in your archives which we could have? Coleen Feocco, Syracuse

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