



No 52

SEPTEMBER 2016
CNY SGNA Newsletter

Central New York Society of Gastroenterology Nurses and Associates.
Region 37.

President's Message:

Happy Summer/Fall! I hope you are all enjoying the warm and beautiful weather we have been having. I wanted to report to you the amazing time we had at the SGNA Conference in Seattle, Washington in May. I was thrilled to be able to attend with three colleagues from Glens Falls Hospital as well as Past-President of CNYSGNA, Cathy Bolton. I know we all left there armed with new knowledge and innovative ideas. The highlight for me was being able to walk across the stage and re-charter Central New York SGNA Region 37. It was an honor. Thank you for all of your hard work and dedication to keeping our chapter viable and active. Please keep up the good work and remember to mentor and encourage any new GI nurses to join SGNA. Without their support, we will not be able to continue. I brought back a lot of important information to my GI colleagues, but the most timely and valuable to us was

all of the information on high level disinfection and endoscope reprocessing. There is a wide variety of information out there and for the first time in my ten year career, there are recommendations from other professional organizations such as AAMI and AORN that are being suggested. It is important for every unit to be able to speak to which professional organization's guidelines they are following, to do a risk assessment of their reprocessing protocols, and to partner with the Infection Control Team of their facility to ensure that up-to-date policies exist and are followed meticulously. I was lucky enough to attend many sessions on reprocessing and soon realized that there are differences of opinion on culturing, ATP testing, and high-level disinfection vs. sterilization for our duodenoscopes. The bottom line is that recommendations change almost weekly and Endoscopy Center managers need to stay abreast of all the changes and ensure their staffs are adequately trained and competent to perform this vital role.

I hope more of you will take the opportunity to attend a national SGNA conference in the future. It is so inspiring to see the great work that everyone is doing. I hope to do a podium or poster presentation at a national conference in the future. In the meantime, I hope you will all join us at the upcoming Fall and Spring Regional CNYSGNA conferences.

Warm Regards,
Laura Pfeifer, BSN RN CGRN
CNYSGNA President

Save The Date

St. Peter's Health Partners Fall GI Nursing Conference

Saturday, October 22, 2016
Cost to attend: nothing
Breakfast and lunch provided

Will email brochures when they are made available.

Once you receive it you must sign up quickly or you may not get a seat. Last conference had a long waiting list.

2016 Gastroenterology Update: A Nurse's Course

Registration: Call 518.525.2227

Online: sphp.com/events/chat

Questions: Amy Baker: amy.baker@sphp.com or call 518.525.1232

Space is limited.

Editor's Note:

Finally a newsletter!! I have been waiting for more info on the Educational Conference coming up Oct. 22nd. But I know it will be a fantastic conference with great information for all of us.

I have been getting back to a somewhat normal life, with tennis and the gym filling in the time I had been at PT. 8 months of PT has me walking and functioning at a fair level. Try not to get Lyme. If you get Lyme, find a

doctor that will give you great care. Many healthcare personnel are not familiar with standard of care. In February, I asked for some help with the newsletter. Have not heard from one person. I know that there are many passionate GI nurses out there. It could be a start to moving up the ladder in CNYSGNA. I have been going through my boxes of notes from 1982 on. Shredding, tossing, remembering the great people I have met through this organization. It is a slow process. Do you know you have two Past National Presidents? Two Past Presidents of the Certifying Board? Two Gabriele Schindler award recipients? Not many regionals can say that. I know that we can add to this list.

Think about giving Cathy Bolton a call and offer to run for a position in 2017. Cathy: 518.585.7102.

Please read the Bylaws for the latest changes. There will only be one conference a year. The next conference will be in Glens Falls in the Spring, 2017.

If you would like to sponsor a conference, give Laura a call or email.

Also, congratulations to Laura and staff:

Our treasurer Emily, a staff nurse from GFH GI Center—Nicole Young, and Laura have had a podium presentation accepted for the 2017 SGNA national conference in New Orleans! Our session will be called: “Shared Governance in the Endoscopy Suite: Shifting the Power to the Clinical RN.”

Barb Schwant, RN,BSN,CGRN

Note from Program Chair, April 2016 Meeting.

The Spring Educational Program, “Planting the Seeds of Professional Growth” was a big success! Thank you to all who made the trip out to Pittsfield, Massachusetts to participate.

We had a great showing by our vendors and are very thankful for their participation. Without the vendors, these programs would not be possible. The companies who were represented were: Boston Scientific, Cook Medical, Cadmet, ERBE USA, Medchoice, Olympus, Polymedco, and Steris.

When these vendors visit your facility please extend a warm “Thank You” to them for their continued support!

We had a great line up of speakers who all gave very informative presentations, giving attendees a total of 7.0 CEU’s, ALL GI specific!

I want thank Kathy Dorsey and Barbara Schwant for their help in getting me through the planning and execution of this course. Having never put on a course before, I greatly appreciated the help they gave me when I called saying, “how do I do this or that”?

It was a great experience and well worth the time and effort in order to provide my SGNA region with a Spring Course.

Thank you again to all who contributed to its success.

Jackie Sciola, RN,BSN,CGRN
Past President

**SGNA 44th Annual Course:
May 7-9, 2017
New Orleans, LA**

Visit www.SGNA.org to learn more.

Certification Exam:

Exam window: Oct. 1-31, 2016.
2016 Registration window Closed.
Exam window: October 1-31, 2016.

Recertification deadline for 2016 is Dec. 31, 2016.

www.Abcbn.org

Free CME’s online:

Below and attached are the programs scheduled for October, November and December 2016. For more information on each course and to register, please click on the links below:

[Osteoporosis: The Silent Killer; Thursday, October 20, 2016](#) (Registration closes, Wednesday, October 19th)

[Introduction to the Science and Practice of Plant Based Nutrition; Thursday, November 3, 2016](#) (Registration closes, Wednesday, November 2nd)

[Therapeutic Principles and Evidence-based Treatment Options in Lyme Disease; Thursday, November 17, 2016](#) (Registration closes, Wednesday, November 16th)

[Cervical Myelopathy and Back Pain: Treatments and When to Refer; Thursday, December 8, 2016](#) (Registration closes, Wednesday, December 7th)

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Opinions based upon the current understanding and usual practices in this field. Except as stated, it does not represent SGNA guidelines or procedures. Practitioners must adapt the information to their individual situations. SGNA accepts no responsibility for specific applications of this information.”

“Newsletters represent the authors’